

# FACTS ABOUT ALS

— aka — LOU GEHRIG'S DISEASE

(It has been almost 80 years since Lou Gehrig died.)

## & What You Can Do To Help



**5,000+**  
people are  
diagnosed  
every year



**\$250,000**  
is the estimated  
out-of-pocket  
cost for caring for  
a person with ALS



**90 MINUTES**  
someone is diagnosed with ALS  
and someone passes away

**90%**  
of cases  
occur without  
family history



There is currently  
**NO CURE**  
for ALS and only  
4 drugs approved  
to treat symptoms



**2-5 YEARS**  
is the average  
life expectancy

### SYMPTOMS

#### ALS GRADUALLY PROHIBITS THE ABILITY TO:

- Speak
- Grasp Objects
- Walk
- Swallow
- Move
- Breathe

### DIAGNOSIS

ALS is often diagnosed by ruling out other diseases, which commonly takes months, or even years.

*Although there is not yet a cure or treatment that halts, ALS, scientists are making significant progress in understanding what causes ALS. But their work is not done.*

**Please help by donating today!**

[alsgoldenwest.org](http://alsgoldenwest.org) or [moffoundation.com](http://moffoundation.com)



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# Hello

**This card is for you to keep!**

It was so nice to see you! I really didn't want to cut our conversation short, but these days speaking out loud is what drains my energy the most. I would love it if we could correspond over email or through my website so you can follow what I am dealing with. It would also be great to find out what you have been up to lately. My email and website are the best ways to communicate these days.

My email address is ...

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or visit my website at ...

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... it'd be great to keep in touch!

Thank you for understanding,

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DESIGNED BY ARTIFACTPAPER.CO



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